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Beyond Mile Marker 80: Choosing Joy After Tragic Loss





Synopsis

Picking up where his first book, I Knew Their Hearts, left off, this book is the true account of Jeff Olsen's struggle to accept his new life as an amputee and single dad a year after losing his wife and youngest son in a horrific car accident. Follow his journey through grief, guilt, and powerful spiritual experiences as he attempts to reconcile the love he feels for a new woman with the challenges of rebuilding a bereaved family. You'll be forced into foreign territory right along with Jeff as he learns to truly choose joy in even the most painful situations.

Book Information

Paperback: 128 pages Publisher: Cedar Fort, Inc. (April 8, 2014) Language: English ISBN-10: 1462113982 ISBN-13: 978-1462113989 Product Dimensions: 8.8 x 5.9 x 0.5 inches Shipping Weight: 3.2 ounces Average Customer Review: 4.9 out of 5 stars 41 customer reviews Best Sellers Rank: #314,517 in Books (See Top 100 in Books) #212 in Books > Health, Fitness & Dieting > Mental Health > Dreams #378 in Books > Christian Books & Bibles > Christian Denominations & Sects > Mormonism #635 in Books > Self-Help > Death & Grief > Grief & Bereavement

Customer Reviews

i devoured this book in a few hours. There are so many lessons in the twists and turns of Jeff's experiences. Like all of us, he has to deal with the curve balls that life throws at us and like all of us, he stumbles and falls. What seems at one point to be perfection can slowly turn into shattering reality. I felt Jeff's pangs of love as he discovered his future wife, his anxieties over his feelings of inadequacy, his frustration with his children, his inner search for meaning and the deep spiritual yearnings. This is a book that can touch any heart and lead to life transforming perspective. His book joins a chorus of similar messages that are coming from the "other side". The message that we create our own joy through choice, that we are loved unconditionally, that we are never forgotten and that mistakes are a valuable part of our spiritual evolution ring loudly from its pages. Highly recommended.

This touched my soul, I realize that just because I hadn't suffered a loss like Jeff I indeed have suffered losses. The way Jeff explained how he felt on page 78 spoke to my soul ... I cried as I claimed my own inner peace and healing at the hands of this very inspired book. I was also able to see that pure love does not hold tightly it allows freedom. Thank you thank you thank you Jeff for sharing .

Mr. Olsen picked up where he left off and fills in the gaps that many wondered about after his his first ground breaking book, "I Knew Their Hearts". If you haven't read that one first you should. In this work, Jeff shows an even more tender and humbler side in dealing with his budding marriage to his *new sweetheart Tonya, the struggle that conflicted him in losing his precious Tamara, suddenly and tragically and finally being able to move forward in his courtship with Tonya, only after having a heavenly, supernal affirmation from his beloved Tamara. Mr. Olsen is privy to many dreams, visions, and promptings that help him realize that joy is meant to be experienced here in this sphere of our soul's existence. He has been able to pierce the veil and know the joy, wisdom and happiness of Griffin and Tam, bringing him comfort and solace. In this work Jeff is vulnerable enough to let us to know that his marriage and family life wasn't always daffodils and butterflies, (actually both marriages) and how through it all if we (husbands) humble ourselves, learn empathy, and actually listen to our spouse's advice with open hearts and minds -it often leads to a balanced, successful God like relationship: as God intended marriage to be.Another highlight in this work is the co-survivor Spencer Olsen, who was inadvertently left out in the cold unbeknownst to Jeff as Jeff was wrapped up in his own healing, understanding and tiptoeing around needed conversations with his grieving son. While his father was maintaining a career, a stunning new wife with two freshly adopted beautiful boys, Spence was grappling with the tragedy of separation from his beloved mother, and couldn't understand why his 'rock star dad' was the always the answer man, the man with all the manifestations, visions dreams and answers. All the while young Spencer after pleading for answers for several years, hadn't heard a peep from anyone or anything beyond the veil. Don't worry: our man Spence gets his answers in a profound way-read the book. The book ends well with the Olsens positively persevering a happy fulfilling family life, while understanding each other's boundaries and each other soul's magnificence and significance. Thank you for another masterpiece, Jeff Olsen.Get this book, Dbschroeder

Once I started reading this book I couldn't put it down. Many times through the book I cried tears is joy and tears of sadness! Beautifully written and so inspirational!

Jeff Olsen has passed through some of the most daunting and painful challenges this life has to offer, and due to his willingess to share what he's learned, the lives of any who will listen are blessed. I have seen Jeff speak about his life, and come away with a determination to cherish each day and an appreciation for my own unique challenges. Because of this, I felt excited but "prepared," I suppose, as I began to read about his healing process. I was, however, completely unprepared for the profound message this short book contained. The fact is we each have pain, disappointment and challenges which often require every last bit of strength we can find. Life spares no one. Life often provides someone to lead the way, as well. Jeff Olsen is one of those people, and this bookâ Â"through Jeff's willingness to be completely vulnerable and open with his readersâ Â"was a light to me on a very dark and lonely night in my own life. It lit up the path for me to keep moving just a little bit farther into the darkness and gave me courage to face the uncertainty ahead. This I think, is a universal need, and one this book meets well.

Very inspirational and a great read following "I Knew Their Hearts". I appreciate Jeff Sharing his very personal and spiritual experiences.

I read a lot of books. My favorite kind of books are one's that inspire me. Every so often I happen upon a book that feels like it was given to me as a blessing, a gift, not just another book. This book is just that, a blessing and gift. Jeff is an excellent writer. I could feel his pure honesty and sincerity flowing through his words. As difficult as his experience had to have been, for the rest of us his pain, suffering, insight, and healing are wonderful teachers. For anyone who has suffered something very difficult, this book holds healing power. Truly wonderful book!

This book brought back the emotions and sorrow of my own 5 year old sons' death. It gives me hope that he is in a wonderful place. Thank you for sharing your story Jeff! May Gods' finest blessings be with you!

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